

# Kyoikenkai Karate Club

## Kyokushin Knockdown Tournament

Friday 12th September 2008 Winterbourne Community Centre,  
Winterbourne Road , Thornton heath, Surrey (Next to Winterbourne School)

### Entry Form

Entry Fee £10.00 Per fighter Spectators £3.00 each

Fighting Category: (F/M)

First Name:

Surname:

Address:

Date of Birth:

Age:

Gender:

Height: (m)

Weight: (kg)

Grade: (Kyu)Belt Colour

Date Joined Club:

Licence number:

Licence Expiry Date:

Contact Telephone number:

Known Injuries if applicable:

When did injury occur?:

**\*Closing date for Entries 8th August 2008** (Entries received after this date will not be accepted)

Please return your entries with entry fee to Mike Powell or Orrin Thomas.

Signed(Parent or guardian if applicant under 16).....

Print Name:

.....

Relationship to entrant if under 16 .....

Date:.....

Official Use:		
Application Accepted	<input type="checkbox"/>	Reason rejected: R1 - Licence expired on or before date of tournament. R2 - Insufficient Training experience. R3 - Insufficient attendance. R4 - Medical. R5 - Other (State)
Application Rejected	<input type="checkbox"/>	
Entry Fee Paid	Yes No	

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Winterbourne Road , Thornton heath, Surrey (Next to Winterbourne School)

**Kumite Start time 5pm**

Dear Club member,

Welcome to the inaugural Kyoikenkai Karate Club Tournament.

The growth of your club allows you this fantastic opportunity to test skills and techniques that you have learned from the instruction and teachings of your progressive, skilful and contemporary Sensei' Sensei Hardy and Sensei Lockwood, supported by some of our high graded students.

The tournament is 'Closed' meaning that you will only be competing against other students in the club.

The tournament will be a 'knockdown' competition, therefore will be based on full contact techniques that you have been trained to perform.

Each bout will be fully controlled and refereed by only 1<sup>st</sup> Dan and above officials but will have some special limitations.

**It is important that you read the rules published with this entry form.**

Thank you for your continued support and contribution in making your club great.

If you are not entering the tournament on this occasion, then come along and support.

Continue to train hard and strive for excellence and remember  
'Never become a victim.'

'Osu'

Sensei Hardy Panesar and Sensei Stuart Lockwood

## **Safety:**

Please note: Every Measure will be taken to ensure your safety, but it is possible for injuries to occur. Therefore please ensure that you wear the appropriate safety equipment:

Compulsory Equipment: Shin and Instep leg protectors  
Head Protector (provided on day of tournament)  
Padded Gloves  
Gum Shield

Optional: Foul proof groin protector (male)  
Body shield (female)

Some of these items can be ordered or purchased in advance at the club, on Tuesday training night, please speak to Sensei Lockwood, Gurpreet Panesar or Jasbir Sira to place your order, (please allow 5 working days for delivery and paid for in cash on receipt.

For additional safety,

- i) No Jewellery must be worn (unless for religious reasons and must be secured so not to cause injury to yourself or your opponent.)
- ii) No spectacles or dark glasses unless designed for contact sportswear.
- iii) Competitors who do not wear protective headgear for religious reasons, 'may' fight, but do so at their own risk, no other exception will be made

## **Please ensure :**

1)NB\* **Your licence is up to date and will still be valid up to and including the date of the tournament. Check with Sensei Hardy, Sensei Lockwood or Jasbir Sira for validation.**

You will **NOT** be permitted to compete if your licence has expired (no exceptions)

2) That you return your entry with entry fee of £10 by closing date.

2i) Entries should be given in the first instance to Mike Powell or Orrin Thomas on any training night either at the Winterbourne community centre (Friday) or Nanak Community centre (Tuesday).

### **The Tournament:**

The tournament will commence on Friday 12<sup>th</sup> September 2008 at the Winterbourne community centre the start time will be at 5pm

- 1) On arrival you must go to the reporting desk so that you can be checked in. (failure to do so will result in you being unable to compete)
- 2) Once you have checked in You will be given a category card with your name and fight category printed upon it. (Once you have been given your card please keep it in a safe place)
- 3) A timetable of fights will be available and posted at strategic places in the arena.
- 4) Listen for your category to be called for marshalling
- 5) Report to the marshalling area immediately. Bring your category card with you (failure to report to marshalling will result in you being unable to fight) the marshalling area will be a designated area at the competition arena (once you are in the marshalling area do not leave that area until you are told to do so)
- 6) You will be taken to the competition area
- 7) your name will be called and you should advance to the Jogai (fighting area)
- 8) If there are only two fighters in a category, this will be treated as a straight final
- 9) If there are odd fighters in a category a fighter may get a 'bye' and move directly to the next round.
- 10) If there is one fighter or less in a category, this category may be cancelled.

### **Rules:**

- 1) The duration of the Kumite bout will be Three Minutes (3) for Senior Male and Female bouts and Two rounds of 1 minute (2 x1) duration for all other categories
- 2) The timing of the bout starts when the referee gives the signal for the bout to start, when the referee calls 'Hajime' (Haaj-imay)
- 3) The timekeeper will give an audible gong, buzzer or whistle when the time is up.
- 4) If no knockdown or knockdown technique has been achieved, at the end of the regulation time, the referee may extend the time by 1 minute to decide the bout.
- 5) The referee can stop the bout at **any time** if it is considered that a knocked down technique has been achieved. **(The referee's decision is final)**
- 6) The referee may also stop the bout if a competitor fails to defend or attack or is delivering techniques that are illegal or likely to cause unnecessary injury or harm to themselves or their opponent. (This may be in the form of a warning or a disqualification (Hansoku) for repeated infringements) any disqualified fighter will be immediately withdrawn from

any further kumite competition in the tournament (**The referee's decision is final.**)

- 7) If a competitor sustains an injury during a bout the referee may award a period of 2 minutes of recovery before the bout is forfeit, to the uninjured fighter.(unless injury sustained by an illegal move)
- 8) If the injury is deemed such that a fighter may not continue, the referee will end the kumite call for the paramedic. (Injured fighters will not be allowed to continue in the tournament unless declared fit to do so by the paramedic)
- 9) A 'Knockdown' is considered to be a fighter who is thrown or put down, by what is considered to be a knock down technique, OR a contact technique which has a knockdown capability at Chudan or Jodan level.
- 10) A fighter who falls or slips without contact delivered will not be considered as knocked down, but will have 5 seconds to fully regain his/her feet before being considered as knocked down and the bout awarded by TKO to the opponent.
- 11) The Bout may be stopped on the referees command by calling 'Yame' (yam-May')

These rules are for general guidance and not exhaustive in their application. further guidance may be given on the day of competition, by officials.

**Prohibited Behaviour:**

- 1) Attacks to Groin,
- 2) Attacks to the Throat
- 3) Attacks to Joints (Knees, elbows)
- 4) Punching to face
- 5) Avoiding Contact (during kumite)
- 6) Attacks with the head
- 7) Clinching, wrestling or pushing without the attempt of a throw or technique
- 8) Goading or other Discourteous behaviour
- 9) Feigning or exaggerating injury
- 10) Uncontrolled attacks
- 11) Repeated exits for competition area (Jogai)
- 12) Attacks with Elbows
- 13) Any other behaviour deemed not to be in the spirit of the competition

Category	Female Categories
F1	Girls Under 9 Years old Below 4ft 3"
F2	Girls Under 9 Years old Above 4ft 3"
F3	Girls 10 - 12 Years old Below 5ft 3"
F4	Girls 10 - 12 Years old Above 5ft 3"
F5	Girls 13 - 15 Years old Below 5ft 3"
F6	Girls 13 - 15 Years old Above 5ft 3"
F7	Ladies Cadets 16 - 17 Years old 2nd Kyu and Below
F8	Ladies Cadets 16 - 17 Years old 1st Kyu and Above
F9	Ladies 18 years and above 2nd Kyu and Below
Category	Male Categories
M1	Boys Under 9 years old Below 4ft 3"
M2	Boys Under 9 years old Above 4ft 3"
M3	Boys 10 - 12 Years old Below 5ft 3"
M4	Boys 10 - 12 Years old Above 5ft 3"
M5	Boys 13 - 15 Years old Below 5ft 3"
M6	Boys 13 - 15 Years old Above 5ft 3"
M7	Mens Cadets 16 -17 years old 2nd Kyu and Below
M8	Mens Cadets 16 -17 Years old 1st Kyu and Above
M9	Mens 18 years and above 2nd Kyu and Below